



Lincoln North Star Athletic Training
Justin Eggleston, LAT/ATC
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Dear Parent/Guardian,

I would like to take the opportunity to thank you for allowing your student to participate in the North Star Athletic Training Program. I look forward to watching them learn the duties and responsibilities of being a student athletic training aid while having fun and being involved in North Star Athletics.

A brief summary of what your student will be learning included basic first aid, athletic taping, minor injury evaluation, injury treatments, and injury rehabilitation. This will be learned by some class room setting, as well as in the training room exposure to hands on learning. I encourage the students to practice some taping skills at home, so please lend them an ankle, or wrist, or hand...

As the program develops we are charting new territory. As such, your student will have the opportunity to sign up to travel with our athletic teams to provide certain coverage within their limits. All coaches have agreed to this and understand that it will not be the students responsibility to make any decisions regarding another students limitations or abilities to compete in their sport. Your student's role will be to provide basic first aid, possibly some taping, and maybe providing water on the sidelines of events.

Traveling... Students are welcome to travel with teams to out of town sporting events. Events within the city of Lincoln away from North Star are not required. If your student wishes to assist with these games they will be responsible for travel arrangements. At this time, traveling to events outside of the city of Lincoln is not allowed unless the student travels with the team on the bus.

Expectations... As with North Star Athletics, there are academic expectations. I understand that education is the reason we are here. The expectation for participation in the athletic training program is that the student shall be passing all classes. Any reports of one or more "F"s will result in the student seeking assistance in the respected class(s) until that grade is elevated to a passing grade. During that time it is expected that the student be removed from the training room until the grade is passing. Your student has also signed an agreement which lists expectations, as well as disciplines within the program. If you wish to obtain a copy of the agreement, please let me know.

I look forward to getting to know your student during the season. Please feel free to stop in the training room at any time to introduce yourself, or give me a call if you have any questions.

By signing the form you consent that your child may participate in the North Star Athletic Training Program.

Sincerely,

Justin Eggleston, LAT/ATC

Parent/Guardian _____ Date _____

Student _____ Date _____